

PRAISE FOR LIVING WITH LOSS

This sensitive, beautifully written book is a meaningful start to my day with it's brief daily readings. Ms Stern captures the essence of so many issues that we as new widows ponder, brings a clarity to them that often leaves me in tears for having my feelings caught so deeply. I find the book most comforting and showing me a way forward.

—Jan Scott

Thirteen years ago, after the death of my husband, I happened to find this little book, "Living With Loss". I had no idea how this little book was going to be so valuable to me in my first year (and beyond) living without my husband, and best friend. It is now my little treasure. It still sits on my book case with the sticky note tabs on my favorite pages. Thank you Elle for this book... It's the little miracle book that every grieving widow needs to have!!

—Carole Hunter, your greatest fan!

This book reflected the same feelings that I was experiencing. The words supported my thoughts and helped me travel through the valley of loneliness and grief. A gift that should be given to any woman faced with the overwhelming burden of loss.

—Linda Dansberger

When you're suddenly widowed, you desperately search for something to give you comfort. I found mine in Living with Loss: Meditations for Grieving Widows. I read and re-read it. I've always wanted to go on Oprah and tell the world about your book. You cannot give a more loving gift to someone newly widowed.

—Linda Adams, Franchise Owner, Home Instead Senior Care

Living with Loss brought me through some of the most difficult times during my first year. It helped me to feel that I wasn't alone in the world and that all the emotions were okay. It became my savior every night during that first year. It has been almost 11 years since the loss of my husband and I still refer back to it. Ellen Sue Stern and her book Living with Loss will bring comfort to all who need it. I thank God everyday for her reassuring words.

—Laura A. Hoppel

I'm so happy to find out that this book, Living with Loss: Meditations for Grieving Widows, is back in print. It is a wonderful tool that I was blessed to be given after the death of my husband in 1996 at the age of 40. The comfort and wisdom it offered on every page helped me immeasurably.

—Diane Stevens.

With the loss of my husband at age 44, I was devastated. This book was a gift and I read it everyday. I have never read anything that described my exact feelings as this book did. I vowed to give it to every new widow afterwards that I knew personally. This book needs to be on the shelves for all widows.

—Deborah Cook

God Bless for your wonderful book. I heard about it from a friend who lost her husband and a friend gave her your book, she felt it was a tribute to her best friend and reads and reads it. I look forward to receiving it.

—Pat Nyberg

This book was given to my Mother when my Dad died. She told me many times how grateful she was that a friend had given it to her. She said she read it each day and so many times it spoke to her about exactly how she was feeling at that time. My Sister is now going through her first year after losing her husband and she also is finding this book a great comfort.

—Marty Anderson (Amazon)

This book was incalculably helpful to me as I walked numbly through the first year after my husband's death. I received many books from well-intentioned friends, but couldn't find much enthusiasm for reading much at a sitting. This book is in a "daily meditation" format, presenting one idea per day, on one page. This was not too much for my grief-stunned attention span, and dealt with real issues in direct language. I heartily recommend this book for all widows who want to remember, and to gently help themselves heal.

—Anne B. Bremer

I hope we are able to lead lots of widows to Living with Loss. I see it as the Widow Bible.

—Taryn Davis, fFounder of the The American Widow Project)

After my wife died, I was given Living With Loss from the hospice where she passed away. It has given me so much comfort.

—Jack Sandover

Living with Loss is exceptional due to the fact that it is available DAILY as a companion for the person who feels so alone in grief. It has enormous potential for clergy and faith communities to give a tangible gift to one who is in the pit of sorrow. I will use it until it falls apart.

—Rev. Monica Powers, Chaplain, Jones-Harrison Residence

Living With Loss strikes a universal chord, making it a valuable resource to provide ongoing support to widows and their families.

—Jim Wardlow, Hodroff-Epstein Memorial Chapels

My sister-in-law found the book on Amazon and shared the information with me. I look forward to having it once again on my bedside table. Please know that I appreciate your wisdom and writing!

—Susan Stevens

"I am so glad that your book is back in print. You are a compassionate writer. Thank you for sharing your words with those who need it so badly.

—Brenda Schaffer

Just want you to know how this book was my saving grace after my husband died in 1998. I liked it because I could not read a whole book. The daily readings and asking to write worked well with my grieving. I have given this book to 5 friends who also found comfort.

—Anne Ashby

I love your Widows/grief book. When my dear husband died 10 years ago, yours was the only book I liked... I loved it. I now am a Certified Thanatologist (death, dying and bereavement professional) and give your book as a gift to any new client who has lost their husbands.

—Peg Krome, CT

This book has been of immense help to me after the sudden death of my husband of 42 years. I went to sleep with it each night reading more than one page each day. Now I am rereading it and savoring one page at a time and writing about the journal suggestions. I really feel it is a must have for any widow. A friend bought it for me in a used book store for \$1.00. I was just amazed to find it is out of print and copies for sale so expensive. Knowing how it has helped me, I would recommend buying it at just about any price.

—Marilyn Daniels

I'm a psychologist and one of my most devastated widows found your work to be the only real source of comfort to her during the early years without her husband. Whenever I give a copy to anyone who needs it, the feedback is wonderful and I tell them to keep the book as long as they need it and then pass it on. That's why I ordered another copy...I always want to have at least one on my bookshelf. What a gift. I want this book in publication forever. It eases an unchosen journey for anyone who opens it.

—Joanna Ross

You can get thru this great time of loss. Reading this wonderful little book daily would help tremendously. I was given it by a friend with all her important pages turned down. Ordered my own to keep and the Author autographed it for me.

—Louise Hilligan (Amazon)

I was given a copy of your book 4 years ago when my husband passed away. Each days entry was EXACTLY how I was feeling. Your book was a great help to me. Thank you.

Mary Branca, Co-Superintendent

One of the best books for losing a loved one. Goes day by day, even though it has been 2 years, it still comforts me to know others are going through the same thing. Thank you to Ellen Stern for doing the research and making such a wonderful book.

—Jeanette Meyers

I'm so happy to find out that this book, Living with Loss... Grieving Widows, is back in print. It is a wonderful tool that I was blessed to be given after the death of my husband in 1996 at the age of 40. The comfort and the practical wisdom it offered on every page, helped me immeasurably!

— Diane Stevens

Living With Loss was given to me after I lost my husband to cancer. I passed it on to another and have since purchased many more to give to others. I read an entry each day and found connections beyond belief. Along with prayers, family, friends, and a wonderful support group, this book was a great savior.

—S. Watson (Amazon)

I just wanted to let you know how much Living with Loss has helped my mom, even this early in the grieving process. She has found each meditation, from day 1 to the funeral and on, to be an absolutely perfect expression of her feelings that day. She has told me how much it has helped her. Anything that can make her feel better the day he died after nursing him 24 hours a day for weeks, is a well done book.

—Natasha Fleischman

This is a wonderful book. It was given to me by a friend. I now give it to my women friends when it is needed.

—Dorothy Sunby

Thank you for writing this wonderful book. About 11 years ago, I lost my husband suddenly. A good friend of mine gave me your book and I can honestly tell you that it helped me through some of my darkest times. Thank you so much

—Linda Maldonado

My husband died in November 1999. A few weeks after his death I went to a book store searching for a book that might help me with my intense grief. I found this little book and as I read it I couldn't believe how each day's reading seemed to be just what I needed that day. Ms. Stern's words seemed to touch me personally each time I picked it up. I have bought several copies for gifts as friends have lost their husbands. I recommend this book to any grieving widow.

—Jan Ballard

A comforting companion as widows live through the first 365 days following the loss of their spouse. This book reflected the same feelings that I was experiencing. The words supported my thoughts and helped me travel through the valley of loneliness and grief. A gift that should be given to any woman faced with the overwhelming burden of loss.

—Linda Dansberger

I blundered into this book in 1994 after my husband died at age 44 of lung cancer. No other source gave the comfort of this short deceptively simple book. I eventually began to have one on hand for any new widow in my family. Even now, if I am cleaning and pick it up, I find there is comfort even after all these years and yes, even now there is useful advice on every page. Short, practical, caring and real—it was a true healer for me and those I gifted it to. There is no preparing for the devastation of widowhood but this little book goes a long, long way towards promoting healing.

—Celinda p. Evitt

This book doesn't provide a meditation for calendar dates. Instead, it has thoughts and affirmations appropriate for each day that has passed since your husband's death. This makes the reflections more relevant to each day. Also, every week or so, instead of the usual meditation, the author suggests an action to be taken. Not all of the action items have been appropriate for me, but others have really hit the mark and helped me get through a rough spot. Losing my husband to brain cancer has been the hardest and most painful experience of my life. This small book has helped me navigate the 3 months since his death. I hope it will bring you solace as well.

—Meg F (Amazon Reviews)

—God Bless for your wonderful book. I heard about it from a friend who lost her husband and a friend gave her your book, she felt it was a tribute to her best friend and reads and reads it. I look forward to receiving it.

—Pat Nyberg

I was given "Living with Loss" last March after my husband passed away. I read a passage every night at bedtime (though I have to admit I looked ahead to the next verse too) and found it all very comforting. Whenever I had a day that I thought I was going insane, the text and verse for that day was exactly what I had been dealing with. I will re-read your book whenever insanity strikes again. As you know, those days never completely cease. Thank you again for the hard work you put into this book. It has been my saving grace this past year. I am keeping it for any other friend who may need it next.

—Lynn Bergstrom

I have passed Living with Loss to my friend who recently lost her husband and I she has commented on how easy it is to read. She mentioned that she can't believe how you can be so accurate, with regards to where her emotions are and how she is feeling each time she reads the book. Congratulations, you obviously have an incredible gift to share with the world.

—Leiza Clark

This awesome book helped me through the worst of times. I try to keep a copy on my bookshelf at all times but invariably I end up giving it away when another dear friend or loved one goes through the pain that is like no other. The last one I loaned out and finally got the call to return it but I suggested she give Living With Loss to our Meditation Pastor to pass onto others. I already ordered another copy. It is the only book that worked for me and I thank Ellen Sue Stern for creating it. Time to order another copy...a suicide...a Celebration of Life service...a dear friend needs Living with Loss: Meditations for Grieving Widows..

—Mary Susan Wheeler